



Photo Quelle: photorun.net



Florian Orth

Nationality: German
Place of Birth: Schwalmstadt
Date of Birth: 24.07.1989
Place of Residence: Schwalmstadt

Coach: Klaus Bornmann
Club: LG Telis Finanz Regensburg
Sponsor: Adidas

Hight: 181 cm

Performances:

	Time	Place/Year
1.500 m	3:34,54	Oordegem / 2014
1.500 m Indoor	3:39,97	Karlsruhe / 2013
3.000 m	7:44,65	Rieti / 2014
3.000 m Indoor	7:49,48	Karlsruhe / 2015
5.000 m	13:23,67	Oordegem / 2016
5km	14:40	Berlin / 2020
10.000 m	29:29,09	Pliezhausen / 2018
10 km	28:53	Berlin / 2020

National Honours

Rank	Distance / Performance	Event	Place/Year
3. Place	5.000m / 14:06.43	German Championships	Braunschweig / 2020
2. Place	Cross Country	German Cross Championships - middle distance	Ingolstadt / 2020
3. Place	3.000m / 7:59.10	German Indoor Championships	Leipzig / 2020
2. Place	Cross Country	German Cross Championships - middle distance	Ingolstadt / 2019
3. Place	3.000m / 8:00.08	German Championships Indoor	Leipzig / 2019
3. Place	10km / 29:29	German Championships	Bremen / 2018
2. Place	5.000m / 14:16.89	German Championships	Nürnberg / 2018
3. Place	10.000m / 29:29.09	German Championships	Pliezhausen / 2018
2. Place	Cross Country	German Championships middle distance	Ohrdruf / 2018
1. Place	Cross Country	German Championships middle distance	Löninge / 2017
2. Place	3.000 m / 8:01.10	German Championships Indoor	Leipzig 2017
2. Place	1.500 m / 3:44.48	German Championships Indoor	Leipzig 2017
1. Place	10 km / 28:59	German Championships	Hamburg 2016
3. Place	1.500 m / 3:40.67	German Championships	Kassel 2016
1. Place	Cross middle Distance	German Championships	Herten 2016
1. Place	1.500 m / 3:51.20	German Championships Indoor	Leipzig 2016
1. Place	3.000 m / 8:07.39	German Championships Indoor	Leipzig 2016

LATEST RESULTS

2020

Rank	Distance / Performance	Event	Date
5. Place	10km / 28:53	Berlin 10k Invitational II	26.09.20
3. Place	5.000m / 14:06.43	German Championships Braunschweig	08.08.20
7. Place	5km / 14:40	Berlin 5k Invitational	12.07.20
2. Place	Cross Country	German Cross Championships Ingolstadt - middle distance	07.03.20
3. Place	3.000m / 7:59.10	German Indoor Championships Leipzig	22.02.20

2019

Rank	Distance / Performance	Event	Date
8. Place	10km / 29:41	German Championships Siegburg	15.09.19
10. Place	5.000m / 13:42.92	Brussels Diamond League Meeting	06.09.19
11. Place	5.000m / 13:49.86	Meeting Rovereto	27.08.19
6. Place	5.000m / 14:06.69	German Championships Berlin	04.08.19
1. Place (race B)	5.000m / 13:34.16	Heusden Meeting	20.07.19
3. Place	1.500m / 3:48.09	Sparkassen Gala Regensburg	07.07.19
2. Place	5.000m / 13:43.76	Mittsommerlauf Regensburg	29.05.19
2. Place	Cross Country	German Cross Championships Ingolstadt - middle distance	09.03.19
11. Place (Final)	3.000m / 8:05.09	European Championships Indoor Glasgow	02.03.19
8. Place (Heat 1)	3.000m / 7:54.59	European Championships Indoor Glasgow	01.03.19

3. Place	3.000m / 8:00.08	German Indoor Championships Leipzig	16.02.19
3. Place	3.000m / 7:54.27	Folksam GP Indoor Meeting Stockholm	04.02.19
7. Place	1.500m / 3:47.25	Dortmund Indoor Meeting	27.01.19

2018

Rank	Distance / Performance	Event	Date
5. Place	8 km /23:11	Silvesterlauf Trier	31.12.18
23. Place	Cross / 29:49	Tilburg European Cross-Championships	09.12.18
1. Place	Cross / 27:12:60	Darmstadt Cross	25.11.18
3. Place	10km / 29:29	German Championships Bremen	02.09.18
3. Place	3.000 m / 7:56.41	Bergen Trond Mohn Games	22.08.18
17. Place	5.000m / 13:37.46	Berlin European Championships	11.08.18
2. Place	5.000m / 14:16.89	German Championships Nürnberg	22.07.18
2. Place (Heat B)	5.000m / 13:34.03	Heusden Meeting	21.07.18
7. Place	5.000 m / 13.50.18	Soundtrack Meeting Tübingen	16.06.18
3. Place	10.000m / 29:29.09	German Championships Pliezhausen	12.05.18
2. Place	Cross Country	German Cross-Championships middle distance	10.03.18

2017


Rank	Distance / Performance	Event	Date
11. Place	5.000 m / 13:43.75	Payton Jordan, Stanford University	06.05.17
4. Place	Cross Country	German Championships Löningen long distance	11.03.17
1. Place	Cross Country	German Championships Löningen middle distance	11.03.17
2. Place	1.500 m /3:44.48	German Championships Indoor Leipzig	19.02.17
2. Place	3.000 m / 8:01.10	German Championships Indoor Leipzig	18.02.17

2016

Rank	Distance / Performance	Event	Date
5. Place	8 km /23:22	Silvesterlauf Trier	31.12.16
15. Place	Cross Country / 30:29	Cross Tilburg	27.11.16
1. Place	10 km /28:59	German Championships Hamburg	11.09.16
9. Place	3.000 m / 7:55.47	ISTAF Berlin	03.09.16
14. Place (Heat2)	5.000 m /13:28.88	Olympic Games Rio de Janeiro	17.08.16
7. Place	5.000 m /13:45.40	European Championships Amsterdam	10.07.16
6. Place	1.500 m / 3:40.28	Sollentuna GP	28.06.16
2. Place	5.000 m / 13:23.67	Oordegem IFAM Meeting	29.05.16
4. Place	1.500 m / 3:43.07	ADIDAS Boost Meeting Fürth	14.05.16
17. Place	5.000 m / 13:41.46	Payton Jordan, Stanford University	01.05.16
1. Place	Cross middle Distance	German Championships Herten	05.03.16
1. Place	1.500 m /3:51.20	German Championships Indoor Leipzig	28.02.16
1. Place	3.000 m / 8:07.39	German Championships Indoor Leipzig	27.02.16

2015

Rank	Distance / Performance	Event	Date
2. Place	1.500 m /3:41.85	German Championships Indoor Karlsruhe	22.02.15
8. Place	3.000 m / 7:51.02	European Championships Indoor Prag	07.03.15
4. Place	5.000 m / 13:29.63	Oordegem IFAM Meeting	23.05.15
4. Place	1.500 m / 3:52.56	European Championships TEAM Cheboksary	20.06.15
1. Place	1.500 m / 3:44.61	German Championships Nürnberg	26.07.15
1. Place /Final 3	800 m / 1:49.51	Kassel PSV Meeting	12.08.15
9. Place	1.500 m / 3:40.54	Brüssel Memorial Van Damme	11.09.15
7. Place	Cross / 30:35	Warandeloop Tilburg Cross	21.11.15

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